





MICHIGAN POISON CENTER





WINTER&HOLIDAY POISON SAFETY GUIDELINES





- Adults should consume alcohol in moderation unless advised to refrain from alcohol use by a healthcare professional
- NEVER leave alcoholic beverages in sight or reach of children & vulnerable adults If you have witnessed a child or vulnerable adult drinking alcohol, call your Michigan Poison Center IMMEDIATELY for expert advice
- If a child or vulnerable adult appears to be intoxicated, unable to wake, or difficulty breathing call 911 IMMEDIATELY

FOOD

- Handle food safely to prevent food poisoning:
 - Clean hands and surfaces often
 - **Separate** raw meat from other foods
 - Cook to the right temperature
 - Chill refrigerate foods promptly

IGLOO/BUBBLE DINING

- If you plan on eating outside in an igloo or similar structure:
 - The structure should be heated with a non-fuel-burning heater (no propane or gas heaters)
 - The structure can be heated with an electric heater or by various nontraditional ways such as heated seats, blankets, foot warmers (and some places are giving people warm potatoes)
 - The structure can be heated with a forced air gas heater placed outside the tent or structure with a diffuser that blows heat under the tent side. There should be CO detectors present.
 - The structure should be disinfected between guests and allowed to sit empty for 20 minutes
 - o Place settings should not be placed until you sit down and preferably given to you wrapped in a napkin or in a bagNo shared menus or placemats

Visit <u>FDA.gov/food safety</u> for m

DECORATIONS & TOYS

DECORATIONS

- Vintage bubble lights liquid contents are poisonous
- Choking hazards for infants and toddlers use a sizing device to determine risk



- Christmas lights
- Small bells
- Small toys
- Silica gel packs found in packaging

BATTERIES

- Button batteries
 - Found in some toys, hearing aids, & other small devices
 - Choking hazard
 - High risk of injury due to burns if swallowed
 - Anyone who eats a button battery MUST be evaluated in a hospital emergency room **IMMEDIATELY**
 - · Specialists at your Michigan Poison Center will follow up with parents or caregivers until button batteries are removed or eliminated
- Alkaline batteries
 - Found in toys & accessories for electronics
 - Choking hazard and obstruction risk if swallowed
 - Alkaline batteries contain corrosive liquid
 - If batteries are damaged & leaking, avoid contact with skin, eyes, & mouth





Your Michigan Poison Center 800-222-1222 Free, confidential, expert advice 24/7/365





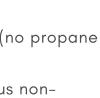






























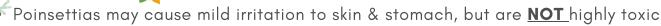




WINTER/HOLIDAY POISON SAFETY GUIDELINES



PLANTS



- o Poinsettias should not be accessible to cats or dogs
- Holly is dangerous if large amounts are eaten
 - Eating a few holly berries may upset the stomach & cause tiredness
- Mistletoe should **NEVER** be eaten and may lead to life-threatening symptoms.

*Allergic reactions are possible from contact with all plants regardless of the risk of poisoning.



Seek medical care immediately for:

- Rash
- Generalized swelling
- Difficulty breathing

HOUSEHOLD/INDOOR

CARBON MONOXIDE

- Change the batteries in your carbon monoxide detector & press test button to be sure it is working
- If you do not have a carbon monoxide detector, get one as soon as possible
- Have your furnace inspected yearly
- **NEVER** run a generator in your home or garage
- DO NOT leave cars running in closed or attached garages to warm up
- If your carbon monoxide detector alarm goes off, open windows in your home, evacuate the house, and call your local fire department for assistance immediately

THERMOMETERS

- Mercury thermometers should be replaced with digital or other alternate thermometers
- Seal mercury thermometers in a plastic container and contact the local department of public waste for disposal guidelines
- Call your Poison Center immediately if a mercury thermometer has broken in your home.
- Keep children and small animals out of the area where a mercury thermometer has broken until advised by your local health department

OUTDOOR/GARAGE

ANTI-FREEZE & WINDSHIELD WASHER SOLVENT

- Anti-freeze & windshield washer solvent contain poisonous liquids
- These products may taste sweet & are appealing to children
- Keep containers out of reach of children & vulnerable adults
- Store all automotive products in a locked garage
- ALWAYS supervise children or vulnerable adults while in a garage

ROCK SALT & ICE-MELT

- DO NOT eat rock salt or ice-melting products
- Ice-melt products are irritating to the skin
 - Wash off & rinse well if in contact with skin

If a child or vulnerable adult has eaten these products call your Poison Center **IMMEDIATELY** for advice

GENERAL ADVICE

- NEVER attempt to make anyone vomit.
- Call 911 IMMEDIATELY if you suspect someone may intend to harm themself, is having difficulty breathing or has signs of physical distress.
- If you have questions about poisoning or suspect a poisoning emergency call:



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